

# Tampa Bay Turners Summer Camp 2017

## Summer Camp Schedule

### Thursday, June 29<sup>th</sup>

8:00-9:00 - Check-in  
9:00-9:30 - Stretch and Rules  
9:30-10:00 - Rotation # 1  
10:00-10:30 - Rotation # 2  
10:30-11:00 - Rotation # 3  
11:00-11:30 - Rotation # 4  
11:30-12:00 - Rotation # 5  
12:00-12:45 - Lunch  
12:45-1:15 - Stretch  
1:15-1:45 - Rotation # 6  
1:45-2:15 - Rotation #7  
2:15-2:45 - Rotation # 8  
2:45 = Camp Concludes for pick-up and **Afternoon Activity**

### Friday, June 30<sup>th</sup>

9:00-9:30 - Stretch  
9:30-10:00 - Rotation # 9  
10:00-10:30 - Rotation # 10  
10:30-11:00 - Rotation # 11  
11:00-11:30 - Rotation # 12  
11:30-12:00 - Rotation # 13  
12:00-12:45 - Lunch  
12:45-1:15 - Stretch  
1:15-1:45 - Rotation # 14 (Start Over)  
1:45-2:15 - Rotation # 15  
2:15-2:45 - Rotation # 16  
2:45-3:15 - Rotation # 17  
3:15 = **Camp Concludes for pick-up and Afternoon Activity**  
3:30-6:45 – **Swimming or R&R at Hotel**  
6:30- **Evening Activity**

### Saturday, July 1<sup>st</sup>

Lunch on your own // **Overnight Campers will be served lunch at the Hotel.**  
1:00-1:30 - Stretch  
1:30-2:00 - Rotation # 18  
2:00-2:30 - Rotation # 19  
2:30-3:00 - Rotation # 20  
3:00-3:30 - Rotation # 21  
3:30-4:00 - Rotation # 22  
4:00-4:30 - Rotation # 23  
4:30-5:15 - Afternoon snack, R&R and quick stretch  
5:15-5:45 - Rotation # 24  
5:45-6:15 - Rotation #25  
6:15-6:45 - Rotation #26  
6:45 - Pizza Party and Sleepover

### Sunday, July 2<sup>nd</sup>

9:00-10:30 - Wake-up and Breakfast at the gym  
10:30-11:00 - Stretch  
11:00-12:30 - Open Gym  
12:30-12:45 - Awards Ceremony & Camp Conclusion > *See you next year!*

**BOLD LETTERING DENOTES = OVERNIGHT CAMPERS ONLY**